



The

# MUSTANG ROUND-UP

NOVEMBER REVIEW 2023

LOMA RICA ELEMENTARY



## MARK YOUR CALENDAR

Friday, November 17th  
School Site Minimum Day

Monday, November 20th-  
Friday, November 24th  
No School  
Thanksgiving Recess

Wednesday, November  
29th  
District Wide Minimum Day

Wednesday, December  
6th  
School Site Minimum Day

Friday, December 15th  
District Wide Minimum Day

Monday, December 18th-  
Monday, January 1st  
No School  
Winter Recess

### CONTACT US

School Office: 741-6144  
School Secretary  
Charlotte Jackman  
Attendance Clerk  
Jana Cooper



## Principal's Message

Greetings Mustang Families,

There have been several things to celebrate over the last few weeks, and many of them wouldn't be possible without parent support and partnership. We appreciate your trust in our teachers and staff, and value our relationships with you and within the community.

Our little school continues to go above and beyond with our hard working students and teachers, and proof is the quick progress our students are making this school year. As I sat in classrooms last week I thought about how our combination grade classrooms are bringing out the best in students. Our students learn how to take turns, be patient, work together and also have independence, and they are exposed to multiple levels of the same standards within our curriculum. Our teachers work together to ensure all needs are met and our intervention program is top notch. We tend to highlight all the activities outside the classroom, but I want to emphasize the hard work happening inside the classroom. Our classroom routines are rigorous and students are pushed to be the best they can be. Last year we celebrated gains in our state scores and I am proud our students continue to work and learn at high levels.

I hope everyone is able to enjoy the extra time with the ones you love. Enjoy the time off and Happy Thanksgiving!

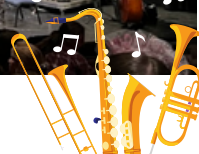
Sincerely,  
Ashley Vette  
Principal



# Fall Festival

We all enjoyed the 2023 Fall Festival. Thank you to everyone that participated in this event, and to all that attended.

**Thank you PTO** for hosting such a spectacular event!



## Sierra Nevada Winds

Our students were lucky to be invited to a private showing by the Sierra Nevada Winds at Yuba College. We learned about the different instruments and absolutely loved when they played Pirates of the Caribbeans songs.

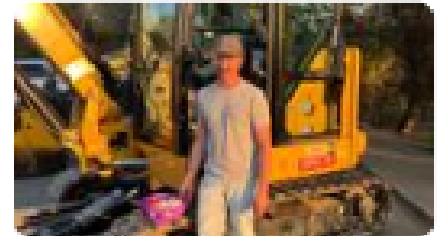
**Thank you Sierra Nevada Winds for the amazing show!**

# A big thank you to:



Walt and Ellen Witkowski  
Walt's War Wagon

Browns Valley 76  
Loma Rica Gold Eagle Market  
Loma Rica Store  
Ranch Market



Tyler Christopherson  
Western Pools



Cache Cline  
Yuba Water Agency



CAL FIRE Loma Rica  
Station 61



Brad Schwartz  
Browns Valley Irrigation District



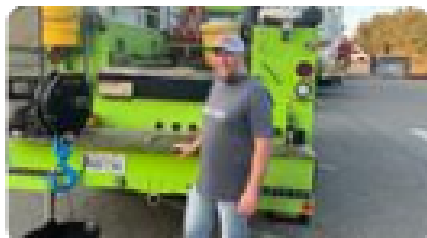
Officer Brian Danielson  
California Highway Patrol



Kai Jahnsen  
Yuba County Sheriff Reserve



Scott Huff and Marilyn Andrus  
Yuba County Search and Rescue



Drew Skaggs  
Teichert



Stephen Teesdall  
Rosie Andrade, Robert Rexin  
Caltrans



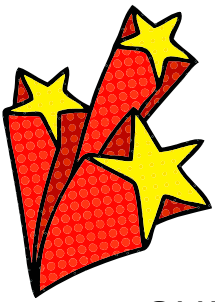
Yuba County Public Works  
Daniel Navarro



The Loma Rica Elementary's  
2023 Truck and Treat was a huge success!



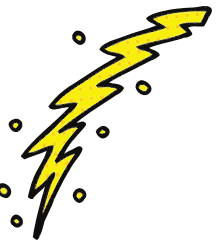




# OMEGAMAN

SUPERHERO, OMEGAMAN, PAID OUR SCHOOL A SPECIAL VISIT THIS MONTH. HE TALKED ABOUT THE IMPORTANCE OF ACADEMIC EXCELLENCE, BULLYING PREVENTION, POSITIVE CHOICES, AND SO MUCH MORE. WE WERE ALL IMPRESSED AS HE LIFTED STUDENTS IN THE AIR, BENT A METAL BAR WITH HIS TEETH, AND RIPPED A PHONE BOOK IN HALF!

BE A DREAM MAKER,  
NOT A DREAM BREAKER!



**SAFE**



**RESPECTFUL**



**RESPONSIBLE**



**PROBLEM SOLVERS**







# Lost and Found Clothing



Parents, please help us get clothes returned to students by labeling your child's coats, sweatshirts, and other items. You can do this by writing their name on a tag inside the clothing. We always look on the tag for a name, and staff members have an easier time figuring out whose clothing items are whose.

The lost and found cart is FULL of lost items. Please come check the cart to see if any items belong to your child. After November 15th, the missing items will be packed up and donated.

Thank you!

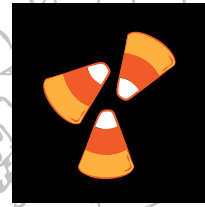
## Veterans Day Celebration

Thank you for attending our Veterans Day Celebration. Our mustangs did a fantastic job at giving their speeches and singing their songs to all who attended. They also created heart warming thank you letters to our veterans, which got to be posted outside of the Gold Eagle Market.

THANK YOU VETERANS!



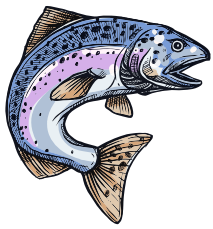




# SPIRIT SPIRIT, WE'VE GOT SPIRIT



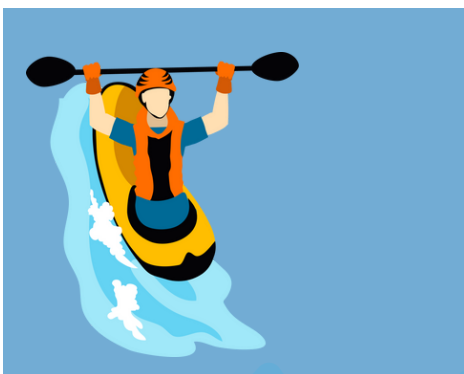




# 4/5 Field Trip

Team 4/5 had such a fun time on their Salmon Expedition sponsored by Yuba Water Agency. Students found salmon swimming upstream to spawn, investigated water quality by identifying the types of invertebrates that were able to survive in the water, and even how the river has changed since the Gold Rush.

Students had so much fun learning new things and working together on the river!

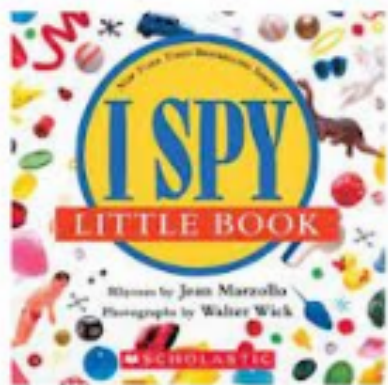




# Loma Rica Elementary

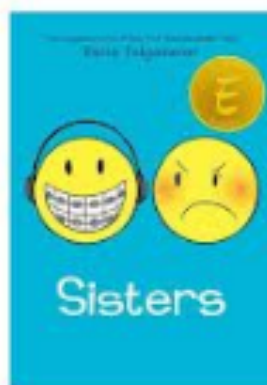
## SCHOOL LIBRARY

# TOP 10



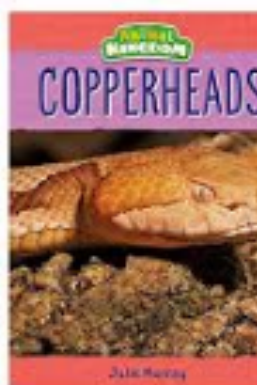
### I SPY: LITTLE BOOK

By Jean Marzollo



### SISTERS

By Raina Telgemeier



### COPPERHEADS

By Julie Murray



### DINOSAUR RESCUE

By Penny Dale



### HEIDI HECKELBECK & THE SECRET ADMIRER

By Wanda Coven



### HEIDI HECKELBECK GETS GLASSES

By Wanda Coven

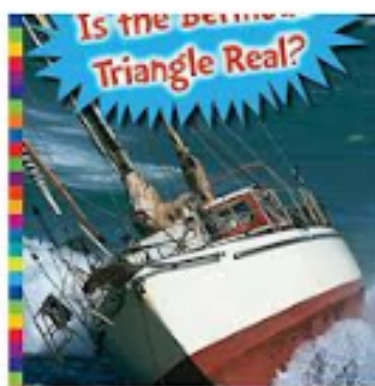


### HEIDI HECKELBECK IN DISGUISE

By Wanda Coven



### IN THE WITCH'S KITCHEN Collection of Poems



### IS THE BERMUDA TRIANGLE REAL?

By Allison Lassieur



### KING COBRAS

By Julie Murray

OCTOBER  
2023



# Elementary Lunch Menu 2023

Monday

# NOVEMBER



Tuesday

Wednesday

Thursday

Friday

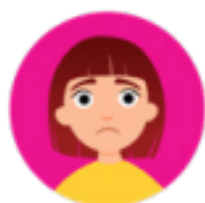
6	<b>La Bambal Chicken Taco</b> Brown Rice Zucchini Squash Red Bell Pepper Broccoli Florets Radishes sliced Fresh Fruit Milk 1% Chocolate Milk NF Pico De Gallo Salsa	7	<b>Southwest Tater Tot Casserole</b> Dinner Roll Mini Carrots Celery Sticks Sliced White Mushroom Baked Beans Banana Milk 1% Chocolate Milk NF	1	<b>Beef Lasagna, Homemade</b> Steamed carrots Baby Carrots Broccoli Salad, (NEW) Leafy Green Salad Apple Milk 1% Chocolate Milk NF	2	<b>Hamburger Cheeseburger</b> Burger / Sandwich Fixins' Cucumber with Tajin Seasoned Potato Wedges Orange Chocolate Milk NF Milk 1%	3	<b>Traditional Breaded Drumstick</b> Dinner Roll Leafy Green Salad Southwest Ranch Beans Cucumber with Tajin Carrots, shredded Sliced Apples Milk 1% Chocolate Milk NF		
13	<b>BBQ Cheeseburger Mac and Cheese</b> Dinner Roll Baked Beans Coleslaw Steamed Corn Fresh Fruit Milk 1% Chocolate Milk NF	14	<b>Beef Nachos Cheese Nachos</b> Black Bean & Corn Salad Mini Carrots Cauliflower, florette bag Banana Chocolate Milk NF Milk 1%	8	<b>Cajun Chicken Pasta</b> Bread Flatbread WGR 4* Cucumber with Tajin Coleslaw Broccoli Florets Mini Carrots Sliced White Mushroom Steamed Corn Apple Milk 1% Chocolate Milk NF	9	<b>Pepperoni Pizza Cheese Pizza</b> Leafy Green Salad Mini Carrots Sliced Cucumber Orange Milk 1% Chocolate Milk NF	10			
20	<h2>Thanksgiving Break</h2>		15	<b>Chicken Parmesan Rotini</b> Steamed Broccoli Carrot & Raisin Salad Tomatoes, Cherry Yubakami Apple Chocolate Milk NF Milk 1%	16	<b>Oven Roasted Turkey Thigh, (Butterball)</b> Dinner Roll Mashed Potatoes Steamed Corn Mini Carrots Leafy Green Salad Orange Chocolate Milk NF Milk 1% Turkey Gravy	17	<b>BBQ Beef Rib Sandwich</b> Steamed carrots Seasoned Potato Wedges Jicama Sticks with Tajin Zucchini Squash Apple, Bulk Sliced Chocolate Milk NF Milk 1%	24		
27	<b>Beef &amp; Cheese Pasta Bake</b> Steamed Broccoli Red Bell Pepper Cauliflower, florette bag Fresh Fruit Chocolate Milk NF Milk 1%	28	<b>Meatball Sandwich</b> Marinated Spinach & Tomato Salad Yellow Bell Pepper Jicama Sticks with Tajin Banana Chocolate Milk NF Milk 1%	29	<b>Enchilada Pie, Homemade</b> 100% REAL Beef Refried Beans Mini Carrots Corn Sliced Cucumber Radishes sliced Apple Chocolate Milk NF Milk 1%	30	<b>Pepperoni Pizza Cheese Pizza</b> Garlic Roasted Green Beans Leafy Green Salad Mini Carrots Celery Sticks Orange Chocolate Milk NF Milk 1% Housemade Ranch Dressing	23		24	
				Refer to our website for complete Nutrition Facts and Allergen Information <a href="http://www.mjusdnutrition.com">http://www.mjusdnutrition.com</a>		Follow us on Social Media:					

This institution is an equal opportunity provider. This menu is subject to change.

# When to Keep Your Child Home from School or Child Care



Below are suggestions for when to keep your child home when they are not feeling well. Contact a health care provider if your child needs medical care. A doctor's note is generally not required to return to school or child care. For more information, please visit the [CDPH guidance page](#).



## Symptom of Illness

**Overall, not feeling well**

## When should my child stay home and when can they return?

**STAY HOME IF** any new illness or symptom prevents a child from participating meaningfully in routine activities.



**Fever**

**STAY HOME IF** a fever is of 100.4°F (38°C) or higher.  
**RETURN WHEN** fever went away over the night and is gone in the morning without the use of medications such as Tylenol®, Advil®, or Motrin® (acetaminophen or ibuprofen).



**Vomiting**

**STAY HOME IF** vomiting has occurred 2 or more times in 24 hours.  
**RETURN WHEN** vomiting has ended overnight, and your child is able to hold down liquids and food. Recommend frequent handwashing.



**Diarrhea**

**STAY HOME IF** your child's stool is likely to leak from the diaper, or if they are unlikely to make it to the toilet in time (if potty trained). If the stool looks bloody or black, seek medical attention.  
**RETURN WHEN** improving. Recommend frequent hand washing.



Scan the QR code find the latest version of this flyer.





# When to Keep Your Child Home from School or Child Care



## Symptom of Illness

### Sore throat

## When should my child stay home and when can they return?

**OK TO ATTEND WITH MILD SYMPTOMS.** Please consider wearing a mask if age 2 years or older.

**STAY HOME AND SEEK MEDICAL ATTENTION** for difficulty breathing or swallowing, or continuous drooling.

**RETURN WHEN IMPROVING.** If an antibiotic is prescribed, take the first dose at least 12 hours before returning.



### Cold symptoms, such as cough, stuffy/runny nose, sneeze

**OK TO ATTEND WITH MILD SYMPTOMS.** Please consider wearing a mask if age 2 years or older.

**STAY HOME AND SEEK MEDICAL ATTENTION** for severe symptoms, including a bad cough, difficulty breathing or trouble catching their breath, or wheezing when not controlled by medication (like albuterol).

**RETURN WHEN IMPROVING.** If your child will need medication after returning, contact the site to let them know.



### Ear or eye irritation, including pink eye

**OK TO ATTEND WITH MILD SYMPTOMS.** Recommend frequent handwashing.

**STAY HOME AND SEEK MEDICAL ATTENTION** for difficulty seeing or hearing, an eye injury, or pain they cannot tolerate.



### Rash

**OK TO ATTEND WITH MILD SYMPTOMS.**

**STAY HOME AND SEEK MEDICAL ATTENTION** if rash is worsening, causing pain, has blisters, or is not healing.

**RETURN WHEN IMPROVING** or as guided by health care provider. In general, for conditions such as lice, impetigo, ringworm, scabies, and pinworms, your child may return as soon as they start appropriate treatment.



**Loma Rica Elementary School**  
**2023-2024 SCHOOL CALENDAR**

MARYSVILLE JOINT UNIFIED SCHOOL DISTRICT  
 180 Student Attendance Days 183 Instructional Staff Work Days

JULY 2023							AUGUST							SEPTEMBER							OCTOBER						
M	T	W	Th	F	S	S	M	T	W	Th	F	S	S	M	T	W	Th	F	S	S	M	T	W	Th	F	S	S
3	4	5	6	7			1	2	3	4	5	6	7	4	5	6	7	8	9	10	2	3	4*	5	6	7	8
10	11	12	13	14			7	8	9	10	11	12	13	11	12	13	14	15	16	17	9	10	11	12	13	14	15
17	18	19	20	21			14	15	16	17	18	19	20	18	19	20	21	22	23	24	16	17	18	19	20	21	22
24	25	26	27	28			21	22	23	24	25	26	27	25	26	27	28	29	30	31	23	24	25	26	27	28	29
31							28	29	30	31											30	31					

NOVEMBER							DECEMBER							JANUARY 2024							FEBRUARY						
M	T	W	Th	F	S	S	M	T	W	Th	F	S	S	M	T	W	Th	F	S	S	M	T	W	Th	F	S	S
6	7	8	9	10			4	5	6	7	8	9	10	1	2	3	4	5	6	7	5	6	7	8	9	10	11
13	14	15	16	17			11	12	13	14	15*	16	17	8	9	10	11	12	13	14	12	13	14	15	16	17	18
20	21	22	23	24			18	19	20	21	22	23	24	15	16	17	18	19	20	21	19	20	21	22	23	24	25
27	28	29	30				25	26	27	28	29			22	23	24	25	26	27	28	26	27	28	29			

MARCH							APRIL							MAY							JUNE 2024						
M	T	W	Th	F	S	S	M	T	W	Th	F	S	S	M	T	W	Th	F	S	S	M	T	W	Th	F	S	S
4	5	6	7	8			1	2	3	4	5	6	7	6	7	8	9	10	11	12	3	4	5	6	7	8	9
11	12	13	14	15			8	9	10	11	12	13	14	13	14	15	16	17	18	19	10	11	12	13	14	15	16
18	19	20*	21	22			15	16	17	18	19	20	21	20	21	22	23	24	25	26	17	18	19	20	21	22	23
25	26	27	28	29			22	23	24	25	26	27	28	27	28	29	30	31*			24	25	26	27	28	29	30

**HOLIDAYS/SCHOOL NOT IN SESSION**

July 4	Independence Day
September 4	Labor Day
November 10	Veterans Day Observed
November 20-24	Thanksgiving Recess
December 18 - January 1	Winter Recess
January 15	Martin Luther King Day
February 12-19	February Recess
March 29-April 5	Spring Recess
May 27	Memorial Day
June 19	Juneteenth

**KEY DATES IN 2023-2024**

Staff Contract Days (Students Not in Attendance)	Staff Work Day: Aug. 7 <sup>th</sup> Teachers Complete Training Videos an Workday, Aug. 8 <sup>th</sup> Site work day. Oct. 23 <sup>rd</sup> (work day)
First & Last Day of School	August 9, May 31
PLC/Minimum Days	8/23, 8/30, 9/13, 9/20, 9/27, 10/11, 10/18, 11/1, 11/15, 11/29, 1/10, 1/24, 1/31, 2/7, 3/6, 3/13, 4/10, 4/17, 4/24, and 5/15 (Some schools may have additional dates)
Student & Teacher Minimum Day *	October 4 (Goals day), December 15, March 20, May 31
Extended Year Session	<b>TBD</b>
Makeup Days (Only if Needed)	June 4 <sup>th</sup> - 6 <sup>th</sup>
Voluntary PD days	Aug. 4 & June 3 *12 hours offered virtually through the year

# LOMA RICA ELEMENTARY MINIMUM DAYS LIST

2023-2024

Wednesday November 1, 2023 – District Wide  
Wednesday November 15, 2023 – District Wide  
Friday November 17, 2023 - Site  
Wednesday November 29, 2023 – District Wide  
Wednesday December 6, 2023 - Site  
Friday December 15, 2023 – District Wide  
Wednesday January 10, 2024 – District Wide  
Wednesday January 24, 2024 – District Wide  
Wednesday January 31, 2024 – District Wide  
Wednesday February 7, 2024 – District Wide  
Wednesday March 6, 2024 – District Wide  
Wednesday March 13 2024 – District Wide  
Wednesday March 20, 2024 – District Wide  
Wednesday April 10, 2024 – District Wide  
Wednesday April 17, 2024 – District Wide  
Wednesday April 24, 2024 – District Wide  
Wednesday May 1, 2024 – Site  
Wednesday May 8, 2024 – Site  
Wednesday May 15, 2024 – District Wide  
Wednesday May 22, 2024 - Site  
Tuesday May 28, 2024 – Site  
Wednesday May 29, 2024 – Site  
Thursday May 30, 2024 – Site  
Friday May 31, 2024 – District Wide